



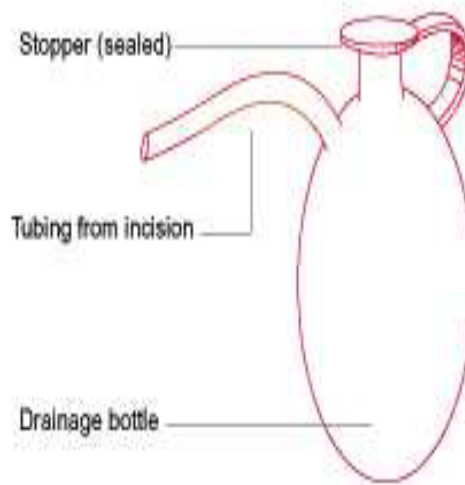
DELATTE

PLASTIC SURGERY
& SKIN CARE SPECIALISTS

Jackson-Pratt Drains

After surgery, you will have a drain(s) called a Jackson-Pratt (JP) drain. This device suctions and collects fluid from your surgical area. The drain promotes healing and recovery, and reduces the chance of infection. The drain will be in place until the drainage slows enough for your body to reabsorb fluid on its own. One of **Dr.**

Delatte's staff will give instructions on how to care for the drain and will teach you how to continue doing so at home.



How to Empty your JP Drain:

Wash your hands thoroughly before emptying your drain(s).

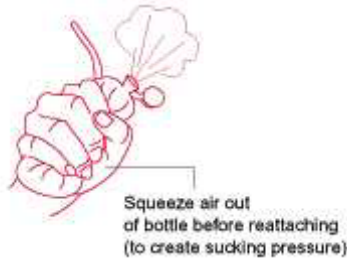
1. Have a container ready to collect and measure the drainage.
2. Unpin the drain from your clothing.
4. Open the top of the drain. Look on the side of the drain and note how much drainage is in the drainage bottle. Turn the drain upside down and squeeze the contents of the bulb into your container. Be sure to empty the bulb as completely as possible.



5. Use the chart to record the amount of drainage twice a day or any time the bulb is full. Record the total for 24 hours. If you have more

than one drain, remember to record the drainage from each drain separately. The drains will be labeled.

6. To prevent infection, do not let the stopper or top of the bottle touch the measuring cup or any other surface.
7. Use one hand to squeeze all of the air from the drain. With the drain still squeezed, use your other hand to replace the top. This creates the suction necessary to remove the fluids from your body.



8. Pin the drain back on your clothing to avoid pulling it out accidentally.
9. Wash your hands again. Remember to wash your hands before and after the procedure to reduce the risk of infection.

Stripping the Drain Tubing

1. Stripping the tubing means removing blood clots from the drainage tube so fluids may drain freely into drainage bottle.
2. Stripping is done before you empty drainage bottle.
3. You will need an alcohol wipe or a wet cotton ball.
4. First you need to grab and hold the tubing at the skin with one hand. Then grab tubing with the alcohol wipe using the other hand and pull down firmly toward the drainage bottle. Repeat until the tubing is clear of drainage or clots. You may need to stop stripping and let the tubing go from the skin area so you can reposition your grip lower near the collection bottle. Do not pull drain tubing out.
5. Once you have finished stripping the tubing, you can record the amount of fluid in the collection bottle and empty the drain.

NOTE: You do not need to strip the tubing every time you empty the collection bottle. Only strip tubing if you see that the fluid is not draining.

Jackson-Pratt Drainage Record
(Please bring to follow up visits)

*measure in mL or cc

Name:					Date of Surgery:				
Date	Drain #1		Drain #2		Drain #3		Drain #4		
	AM		AM		AM		AM		
	PM		PM		PM		PM		
	Total		Total		Total		Total		
	AM		AM		AM		AM		
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